

# music we love

FOR THIS WEEK'S ACTIVITY

This Is Me - Demi Lovato (stretching)  
Be Somebody - Leap Soundtrack (stretching)  
Brave - Idina Menzel (Choreography)

## **Free Dance Song Ideas:**

Trolls - Can't Stop The Feeling  
Home Soundtrack - Dancing In The Dark  
This Could Change Everything - Francesca Battistelli  
Baby Shark!