

CUE THE *fun*

Ballet Blast & Hip Hop Twist

Wear your favorite super hero, ballet, princess, or hip hop themed outfit for this dance activity!

After the video has ended, have fun doing our class favorite Sleepy Time Song to warm down. Everyone lay down on the floor, close your eyes, take deep breaths, and relax your muscles.

Show Your Friends!

Have a Zoom video play date planned? Pick your favorite dance and show your friends! You can even teach it to them!

Share Your Videos!

Take a video of your little one(s) doing the dances and email them to us!

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