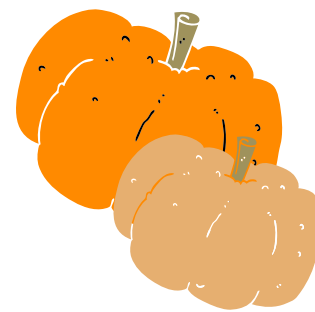




# DANCING PUMPKIN TRAIL

Dance. Have Fun. Make Memories.

## Gather Your Goodies!



### Here's What You'll Need For This Activity!

- ★ Dance Space (Anywhere around your home or outside)
- ★ Music of Your Choice!
- ★ Your Lesson Plan (This!)
- ★ 10 Printed Out Pumpkins (Print Out Included) or You Can Make Them On Construction Paper

## About This Activity!

What better way to jump into Fall Break than with a family fun dancing activity! This is one of our classroom favorites because it not only includes super cute pumpkin shapes but it allows everyone dancing along to get creative and come up with their own pumpkin trail! That's Right! We are creating pumpkin trails around our dance space! Grab your friends and family and let's dance!

## Dance Step Ideas

Here are some of our favorite dance steps and movements. You can come up with your own steps or create a combo using some of our favorites listed below!

### Classic Steps

Jump (Both Feet)  
Hop (One Foot)  
Leap  
Spin  
Tippy Toe Walk

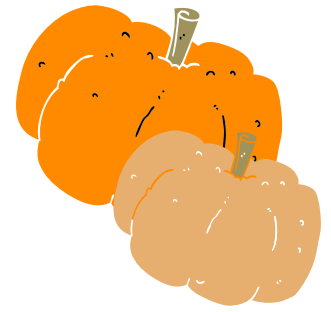
### Student Favs

Dancer Walk (Toe Heel)  
Passe  
Tendu  
Chasse  
Kick

### Halloween Themed

Roll (like a pumpkin)  
Shake (like a skeleton)  
Crawl (like a spider)  
Fly (like a bat)

# Let's Dance!



## Step - By - Step Guide!

**Step 1:** Get your dance space ready to go and gather your dancing crew!

**Step 2:** Grab your playlist and pumpkin cut-outs!

**Step 3:** Pick who goes first! Have your first trail maker take all the pumpkins and create a pumpkin trail of their choice across the floor.

**Step 4:** Next, have your first dancer pick a few dance steps and/or movements to use across the trail. **Example:** Hop. Hop. Jump. Turn. Passe (Repeat combo until you reach the end of the trail)

**Step 5:** Turn up the tunes and take turns doing the dance combo across the pumpkin trail

**Step 6:** Repeat until each person has had a chance to create their own pumpkin trail with their dance step combo.

*Stella's  
Tip!*



Each pumpkin = 1 dance step

IF YOU HAVE 10 PUMPKINS AND A 5 STEP COMBO, JUST REPEAT IT  
TWICE TO GET THROUGH THE PUMPKIN TRAIL!

**Print and cut out 10 pumpkins**  
(you can also make your own with construction paper)

